

Nehemiah Teams 2018

Intentional & Relational in Community

Packing List



You don't need a lot of extra gadgets. Pack simple, live simple.

Clothes

- Footwear: I wear crocs most every day. Others bring some form of strap sandal like chacos, tivas, etc. (I don't wear shoes and socks here unless I go running)
- Pants: 1 or 2 pairs of pants. When you visit people's homes or set up a meeting, you will wear this.
- Shorts: 3 or 4 pairs of shorts. You will wear this most days. Most American guys shorts are fine. Do not wear Australian shorty shorts.
- Bathing Suit
- Underwear: 5-7 pairs (You do not want to wear these more than one day without washing!)
- Long sleeve t-shirt: 1
- T-shirts: 5 to 7 t-shirts. (some like dry wick. I like thin cotton shirts 100% cotton.)

Other

- Bible (smaller is easier to travel with; but bring what you got)
- NT materials
- *Spiritual Warfare* book
- Toiletries
- Towel (maybe 2. Can also get one here if you need extra)
- Roll up mat for sleeping
- Sleeping bag (lightweight) or sheet
- Travel pillow or can get pillow here
- Hammock if you would like or you can buy one here for less than \$20. (optional)
- Snacks: I expect you to eat local food. You can buy some snacks in local stores. If you have something specific you want to bring from the states to snack on or have for breakfast, you are welcome. Otherwise, you can get all your food here.
- Bug spray (optional)
- sun screen
- water bottle (at least 1 liter, durable)
- medicine: any prescription medicine you use currently including vitamins (if you use them now).

Packing information:

- You will be issued a backpack/duffle bag by Nehemiah Teams to use as your checked piece of luggage. The size of the bag is 4300 cubic inches or 70 liters. The cost for using t
- his bag is included in your field expense. You will get the bag upon arrival at orientation and re-pack your belongings for the summer. There will be room to store your personal bag & any extra items you choose to leave behind during the summer.

If you can't get it all in that... then you've got too much! You will be able to wash almost every day (you will be washing by hand).

- You can buy additional personal hygiene items here to lighten your load in packing: shampoo, soap, toothpaste, etc.
- If you are asked by your field supervisor to bring equipment or personal items for them, these can be packed in a 2nd piece of checked luggage. Good idea to pack this as a team once you arrive at orientation.

General guidelines for clothing:

- Sleeveless shirts are not permitted for guys or girls. (This includes tank tops.)
- No military-type clothing or accessories.
- If you not sure if something would be appropriate (especially if you're in a very conservative culture) please ask your local supervisor before coming or just chose to leave it at home.

Orientation/debrief items:

- All teams will need personal eating utensils for orientation/debrief: plate, bowl, cup, silverware
- All teams will need bedding during orientation/debrief: self-inflating sleeping pad, sheet, small pillow
- All teams will be bathing outdoors during orientation/debrief. All will need dark colored shorts & shirts to wear while bathing.

If these items aren't needed on the field there will be a place for you to store them over the summer, ready for you when you return for debrief.