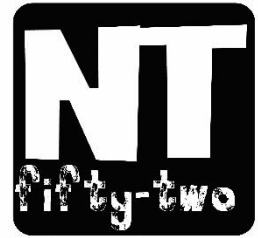


Nehemiah Teams 2019

Thai Village Outreach



nehemiah teams

Clothing:

- Ministry clothes: 3 pants & 5 shirts
- Underwear, socks
- Sleep clothes
- Swimsuit (very modest 1 piece or tankini) w/ board shorts & tshirt to wear over
- Good walking sandals and/or tennis shoes, extra pair that can get wet (rain)
- Light weight jacket or hoodie for plane and cooler, rainy mornings/evenings

Clothing Guidelines:

- Pants: capris, jeans, long pants. Bring at least 1 pair of long pants for polite settings. If women want to bring skirts they should be at least knee length.
- Shirts: Modest, ie. Not low cut or exposing midriff when hands are raised. Bring at least 2 collared shirts or blouses for polite settings. All shirts must have sleeves; no sleeveless shirts.

Other items:

- Bible/journal
- *Spiritual Warfare* book (pre-field reading list)
- Additional ID other than passport (drivers license, student ID, etc)
- Small travel pillow w/ pillow case
- Towel (light, quick-drying) & wash cloth
- Sturdy water bottle (at least 1 liter/quart)
- Xerox copy of passport picture page packed separately from passport
- Passport type pictures (2x2) for visa renewal application
- List of important phone numbers/email addresses
- Sunscreen/block & hat
- Insect repellent
- Camera
- Watch (optional)
- Prescription medicines
- Flashlight/headlamp
- Small gift/souvenir from home for host family

Orientation/debrief items

- Bedding during orientation/debrief: self-inflating sleeping pad or foam pad, sheet, small pillow (no electricity on site for blowing up air mattresses)
- Outdoor bathing stations: All students will need dark colored shorts & shirts to wear while bathing. Flip-flops recommended.
- All students need a towel for bathing.
- Personal water bottle (recommended 1 qt capacity)
- Headlamp/flashlight
- Watch w/ alarm or battery-operated alarm clock
- Rainjacket/poncho or umbrella

- Handheld mirror
- Mosquito repellent w/ DEET
- Toilet paper (2 rolls) or disposable wipes

Packing information:

- You will be issued a backpack/duffle bag by Nehemiah Teams to use as your checked piece of luggage. The size of the bag is 4300 cubic inches or 70 liters. The cost for using this bag is included in your field expense. Upon arrival at orientation you will re-pack your belongings into this bag. There will be a place to leave your original bag & any items you choose to leave behind for the summer. If you can't get it all in that... then you've got too much! You will be able to wash clothes daily... by hand.
- If you are required to bring specific equipment or personal items for your supervisor, these can be packed in a 2nd piece of checked luggage. Good idea to pack these items as a team once you arrive at orientation.
- Bringing less is always better.
- Asian variety of personal hygiene items are available; lighten your load by not packing a summer's supply worth.