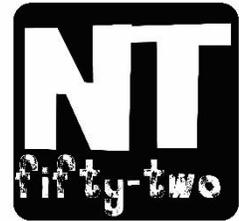


Nehemiah Teams 2017 Waray Riverboat Packing List



Gear

- You will be issued a backpack/duffle bag by Nehemiah Teams to use as your checked piece of luggage. The size of the bag is 4300 cubic inches or 70 liters. The cost for using this bag is included in your field expense. Upon arrival at orientation you will re-pack your belongings into this bag. There will be a place to store your original bag & any extra items you chose to leave behind for the summer. If you can't get it all in that... then you've got too much! You will be able to wash almost everyday (you will be washing by hand).
- If you are required to bring specific equipment or asked to bring personal items for supervisor, these can be packed in a 2nd piece of checked luggage. Good idea to pack these as a team after arriving at orientation.
- (1) daypack (weekend sized hiking backpack)
- (1) pair durable hiking sandals or tennis shoes
- (1) medium or large-sized camp towel (lightweight, fast-drying) & washcloth
- (1) liter-size sturdy water bottle (Lexan/Nalgene style recommended)
- sunscreen
- bug repellent (99% DEET recommended)
- (1) medium size dry-sack (more durable than just a plastic bag to keep clothes/devo materials/etc dry in heavy rains)
- small durable flashlight/headlamp (AA & AAA batteries available in country)
- personal eating utensils: plate, bowl, spoon, & fork
- personal bedding: self-inflating sleeping pad, sheet, small pillow
- any needed prescription medicines
- 2 pcs passport photo (2x2) for visa renewal

Clothing

- No sleeveless shirts or mid-driff tops are allowed
- No inappropriate clothing graphics
- Absolutely no military, camouflage, or "BDU" style clothing allowed
- (5) shirts (durable cotton is suggested as you will be hand washing)
- (3) bottoms (pants/capris/knee-length skirts) (lightweight, durable, comfortable to walk while wearing; jeans do not dry quickly and are not recommended)
- shorts must be knee length (guys & girls) and are only worn around the base camp/house and for outdoor bathing. "Running shorts or "Sofee" shorts will not be allowed at any time.
- (1) set of "nice clothes" (collared shirt & khaki-type pants for guys/blouse & slacks/pants/capris/skirt for girls)
- (1) set of bathing clothes. (Guys: dark colored shorts. Girls: dark colored knee length athletic-style shorts & dark t-shirt)

Toiletries

- Things to leave at home: hair dryer/straightener/etc. Power outages are frequent & unpredictable. Many houses do not have sufficient electricity to run these types of items.
- Toothpaste, soap, shampoo/conditioner are all readily available
- Girls: Sanitary napkins are available. However, tampons should be brought with you if you choose to use them.

Traveling

- photocopy of passport picture page (pack separately from passport)
- additional ID other than passport (driver's license, student ID, etc)
- list of emergency contacts

Ministry Supplies

- Small personal study Bible (preferable with a concordance)
- ministry notebook (small notebook/journal)
- *Spiritual Warfare* book

Electronics

- Digital cameras are great, but be sure to bring along durable Ziplock style bags or a good case to keep them dry in case of heavy rain or flood. You won't have an opportunity to "dump" your pictures during the summer so make sure you have large enough memory cards to last the summer.
- Don't forget to bring along your battery charger! Power outlets are 220v... no 110v electronics can be used. No international plug adapters are necessary; however, plugs must be 2-prong only.
- By bringing any electronics along with you, you run the risk of damaging these personal items on the field

Orientation/debrief items

- All teams will need personal eating utensils for orientation/debrief: plate, bowl, cup, silverware
- All teams will need bedding during orientation/debrief: self-inflating sleeping pad, sheet, small pillow
- All teams will be bathing outdoors during orientation/debrief. All will need dark colored shorts & shirts to wear while bathing. Personal towel is also needed.

If these items aren't needed on the field there will be a place for you to store them over the summer, ready for you when you return for debrief.