

## **NEHEMIAH TEAMS 2022 BOTSWANA BUSH TEAM**



### **Luggage**

You will be issued a backpack/duffle bag by Nehemiah Teams to use as your checked piece of luggage. The size of the bag is 4300 cubic inches or 70 liters. The cost for using this bag is included in your field expense. Upon arrival at orientation, you will repack your belongings for the summer into this bag. There will be a place to store your original pack plus any extra items you choose to leave behind for the summer. If you can't get it all in that... then you've got too much stuff. You will be able to wash almost every day (you will learn to wash by hand).

### **Clothing**

- Socks
- Underwear
- Comfortable shoes: you can wear flip flops/sandals.
- Tennis shoes for Sports
- SPORTS: Boys: T-shirts and Knee length shorts or pants; Girls: T-shirts and pants (no shorts)
- EVANGELISM/MINISTRY/CHURCH: Boys: Collared shirts and Pants; Girls: Dresses or skirts
- OFF DAYS: Boys: Pants/long shorts; Girls: Pants
- Long sleeve/hoodie and jacket (June and July are our winter months so the nights can reach a low of 30 degrees and there is no heat in the houses)
- Sleep clothes
- Layer your clothing due to the flux in temperature from 30 degrees in the mornings/nights to 70 degrees during the day (for example: t-shirt, long sleeve, jacket). This is not our rainy season so no rain gear is needed.

### **General Guidelines for Clothing:**

- Bring enough sets of clothing so that you can go several days without washing (maybe 5).
- Boys: Bring a collared lightweight jacket for meeting the chief/funerals/weddings (if these occur)
- If you are not sure if something would be appropriate please ask your supervisor before coming, or just choose to leave it at home.

### **Other Items**

- Bible
- Flashlight/Headlamp (you can get replacement batteries here)
- Camera
- Prescription medications (if you take them). Bring them in the prescription bottle with the prescription from your doctor. OTC meds are available here but may be a little different than what you are used to, so you may want to bring a little supply with you (Advil/Tylenol/Cold Medicine).

- Malaria medication for when traveling to northern Botswana (3 of the weeks you will be here). \*No malaria in southern Botswana where you will spend the majority of your time.
- 2 photocopies of your passport picture page (One will be kept in the Turner's safe and the other should be kept with you in an alternate location of your passport)
- Sunscreen
- Insect Repellant
- You can get additional toiletries here (Shampoo, Conditioner, Body Wash, Deodorant, toothpaste)
- Towel and Wash Cloth
- Feminine Hygiene Products
- Large Reusable Water bottle (Labeled)
- Small Sleeping Bag
- Self-inflating pad if you would like (we have some if you don't have space)

**Orientation/debrief items:**

- All teams will need bedding during orientation/debrief: self-inflating sleeping pad, sheet, small pillow
- All teams will be bathing outdoors during orientation/debrief. All will need dark colored shorts & shirts to wear while bathing. You will also need a personal towel for bathing.

If these items aren't needed on the field there will be a place for you to store them over the summer, ready for you when you return for debrief.